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A-Z

GUIDE

2019

A-Z GUIDE

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For more information about advertising in this supplement, please contact Fezi Phaahla on 011 782 1070 or fezi@charmont.co.za.





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ACCESS ASSESSOR & SENSITISATION

GAUTENG

Mandy Latimore	083 283 3370
NCPPDSA	011 452 2774
Sitwell Technologies	011 440 8226
EZ-Drive	071 364 0081

ACCESSORIES

NATIONAL

CE Mobility	086 023 6624
Chairman Industries	011 624 1222
Medop cc	011 827 5893
South African National Parks	012 428 9111

GAUTENG

Otto Bock	011 564 9360
Smergos	083 441 0814

PRETORIA

Presta	012 751 1701
EZ-Drive	071 364 0081

KWAZULU-NATAL

QuadPara Association of SA (QASA)	031 767 0348
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WESTERN CAPE

Solutions Medical	021 592 3370
Shonaquip	021 797 8239

ACCOMMODATION

KWAZULU-NATAL

Dave Lewis Lodge	031 767 0348
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PRETORIA

South African National Parks	012 428 9111
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ADAPTED TRICYCLES

GAUTENG

Sitwell Technologies	011 440 8226
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FREE STATE

Vic's Tricycles	079 458 1407
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PRETORIA

Grant's Cycles	082 442 9790
Presta	012 751 1701

AIDS TO DAILY LIVING

NATIONAL

CE Mobility	086 023 6624
Chairman Industries	011 624 1222
Grabrails Railman	011 624 1222
Medop cc	011 827 5893
PrimaCare	086 1177 462

GAUTENG

Otto Bock	011 564 9360
The Living Link	011 447 7183

KWAZULU-NATAL

Mobility Solutions	031 564 2303
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WESTERN CAPE

Independent Living Centre	021 555 2881
Sheer Mobility	021 552 5563
Solutions Medical	021 592 3370

AIRLINES

Airports Company South Africa	086 727 7888
British Airways	011 441 8600
Kulula.com	086 158 5852
Mango	086 116 2645
SAA	086 160 6606
Safair	087 135 1351

AMPUTEE SUPPORT GROUP

EASTERN CAPE

SAOPA - South African Orthotic & Prosthetic Association	041 581 6883
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ANNUAL EVENTS

QASA Annual Art Exhibition	031 767 0348
Hope-Mandeville Career Expo	082 807 6948
Nappy Run	011 452 2774

Quad Squad Day	031 767 0348
Quads 4 Quads Ride	031 767 0348
Round Table Cannonball	
Run Africa	031 767 0348
SABAT Power	
Wheelchair Race	031 767 0348
Wings for Life World Run	
www.wingsforlifeworldrun.com/za/en	

ASSISTIVE DEVICES

NATIONAL

CE Mobility	086 023 6624
Chairman Industries	011 624 1222
Grabrails Railman	011 624 1222
Medop cc	011 827 5893
PrimaCare	086 1177 462

GAUTENG

Ability Assist	011 894 5667
Coronation Hospital	011 470 9076
Dr George Mukhari Hospital	012 521 3264
Edenvale Hospital	011 817 1426
Gauteng Hospital	011 488 4210
Goldfields Resource Centre	012 452 3811
Helen Joseph	011 489 0292
Hi-Tech Therapy	011 704 0002
Kalfong Hospital	012 318 6702
Kopanong Hospital	016 428 7116
Leratong Hospital	011 411 3579
Natalspruit Hospital	011 389 0729
Otto Bock	011 564 9360
Pholosong Hospital	011 738 5036
Pretoria Academic Hospital	012 354 6312
Pretoria West Hospital	012 386 5111
Sebokeng Hospital	016 930 3360
Sitwell Technologies	011 440 8226
South Rand Hospital	011 681 2106
Thambo Memorial Hospital	011 898 8000
Tembisa Hospital	011 923 2235

PRETORIA

EZ-Drive	071 364 0081
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WESTERN CAPE

Shonaquip	021 797 8239
Western Cape Rehab Centre	021 370 2300
Sheer Mobility	021 552 5563

KWAZULU-NATAL

Mobility Solutions	031 564 2303
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ASSOCIATIONS & ORGANISATIONS

AIDS Help Line	080 001 2322
Brain Injury Group	086 722 2100
Breast Cancer	083 377 8195
CANSA	080 022 6622
Heart Mark Diet Line	086 022 3222
Migraine Help Line	086 067 8268
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 SA Ass. of Audiologists 086 210 1924
 SA Inherited Disorder Association 080 012 1900
 SA Rheumatism Arthritis Association 011 340 9064
 SA Spinal Cord Association 082 565 3745
 SA Sports Ass. for Physically Disabled 087 721 8261
 SA Parkinson's Disease Association 011 787 8792
 Vaccine Help Line 086 016 0160
 WHASA 086 111 1725

EASTERN CAPE

APD Port Elizabeth 041 484 5426
 APD Rehab 043 722 1811
 Cerebral Palsy Ass 041 583 2130
 Down Syndrome Ass. of SA (EL) 072 276 1443
 Down Syndrome Ass. of SA (PE) 083 442 5069
 Lorraine Frail Care 041 379 1213
 QASA - Eastern Cape 041 364 2271
 REHAB East London 043 722 9680
 Soc. For the Physical Disabled 046 622 5359
 SA Orthotic & Prosthetic Ass. (SAOPA) 041 581 7390
 International Society for Prosthetics and Orthotics (ISPO) 041 581 7390

FREE STATE

APD Free State 051 444 2890
 APD Northern Cape 053 833 3315
 Itsoeng Self Help Organisation 058 713 2023
 Likamatso for Disabled People 058 623 0109
 Students with Disabilities - UFS 051 401 9348

GAUTENG

Ann Harding Cheshire Home 011 792 3510
 APD JHB 011 646 8331
 APD West Rand 011 660 4965
 Attention Deficit & Hyperactivity 011 888 7655
 Autism South Africa 011 484 9909
 Avalon Association 011 616 3203
 Centre for People with Disabilities 011 910 1090
 Deaf Federation of South Africa 011 482 1610
 Diabetes SA - Gauteng 011 792 9888
 Down Syndrome Ass. of SA 011 484 8890
 Dystonia Association SA 011 326 2112
 Eco-Access 011 477 3676
 Epilepsy SA - Gauteng 011 816 2040
 Genetics Clinic 011 489 9224
 Headway - Gauteng 011 442 5733
 Gauteng Society for the Blind 011 613 8241
 Muscular Dystrophy Foundation 011 789 7635
 NCPPDSA 011 726 8040

GAUTENG SOUTH

QASA 011 782 7511
 Rosedon House for Cerebral Palsy 021 696 2042
 SA Federation for Mental Health 011 781 1852
 Tourism Grading Council 011 783 0383

KWAZULU-NATAL

Alzheimers Support Group 033 342 7027
 APD Durban 031 403 7041
 Association for the Physically Challenged 031 207 3329
 Cheshire Homes 031 201 9110
 Disabled People South Africa 033 702 1623

Headway	031 266 2709	of SA	013 653 2176
Muscular Dystrophy Foundation	031 701 3801	Council for People with Disabilities	013 7414767
Parkinson's Disease Support Group	033 342 7027	NAMIBIA	
PMB & District Cerebral Palsy Association	033 342 2913	Autism Namibia (+26)	406 122 4562
QuadPara Association of SA	031 767 0348	NORTH WEST	
PIETERMARITZBURG		APD North West	014 533 0593
APD	033 390 1189	Epilepsy SA FS & NW	056 811 3437
Association for the Physically Challenged	033 342 2768	QASA - North West	018 468 8303
Create	033 345 5088	PRETORIA	
Diabetes SA	033 346 0934	Association for Autism	012 993 4628
disAbility Connexion	033 347 3664	Association for Nursing	
Eduarch	033 344 3417	Agency of SA	012 654 0839
Headway	033 343 5834	BIG (Brain Injury Group)	012 991 1324
Inkanyiso Centre	082 865 1049	Moretele People with Disabilities	012 717 8182
DURBAN & COASTAL		Parents for Children with Education Needs	012 333 0149
Disabled People of SA	031 701 2951	Road Accident Fund	012 429 5090
Epilepsy SA	031 309 1370	SA Marfan Syndrome Association	012 333 3894
Natal Settlers Homes	031 205 1354	Sunshine Centre	011 642 2008
Open Air School	031 205 1277	GAUTENG NORTH	
Phoenix Assessment & Therapy Centre	031 508 0700	QASA	012 320 2572
Queensburgh Cheshire Home	031 798 4747	WESTERN CAPE	
St Giles Ass. for the Handicapped	031 337 4404	APD Cape Town	021 637 1204
Valhalla Arts	083 348 8729	APD Western Cape	012 555 2881
KZN MIDLANDS		Autism Western Cape	021 557 3573
Epilepsy SA	033 394 1041	Dementia SA	021 421 0077
LIMPOPO		Diabetes SA	021 425 4440
APD Polokwane	015 291 1787	Down Syndrome Ass. of South Africa	021 949 0900
Battokwa Disabled Learning Centre	079 938 0018	DPSA Cape Town	021 422 0357
DPSA Limpopo	015 291 5326	Epilepsy South Africa	021 595 4900
MPUMALANGA		Geberit	011 444 5070
APD Lowveld/Mpumalanga	013 741 3699	Heart & Stroke Foundation SA	021 447 4222
Down Syndrome Ass.		Motor Neuron Disease Association of SA	021 531 6130
		Muscular Dystrophy Foundation	021 592 7306

Porphyria Information Services	021 406 6332
QASA	021 975 6078
SANEL - South African Epilepsy	021 447 3014
SA Haemophilia Foundation	021 785 7140
South African Psoriasis Association	021 556 1141
Western Cape Cerebral Palsy Association	021 685 4150
Multiple Sclerosis South Africa	021 948 4160

AT WORK EMERGENCY EVACUATION

Evac Chair	011 865 4249
Workmens Compensation	021 468 5628

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SWC Lifts	011 892 0347
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Barry Edy	031 776 4992
PRETORIA	
EZ-Drive	071 364 0081

WESTERN CAPE	
Cousins Engineering	021 531 6857

BATHROOM AIDS

NATIONAL	
CE Mobility	086 023 6624
Grabrails Railman	011 624 1222
Medop cc	011 827 5893
PrimaCare	086 1177 462
GAUTENG	
Geberit	011 444 5070
Sheer Mobility	021 552 5563
Sitwell Technologies	011 440 8226

PRETORIA	
EZ-Drive	071 364 0081

BATTERIES

NATIONAL	
Chairman Industries	011 624 1222
Medop cc	011 827 5893
GAUTENG	
Autotech (Sabat)	011 870 8500

BEDPANS

NATIONAL	
CE Mobility	086 023 6624
Medop cc	011 827 5893
GAUTENG	
Medihelp	011 791 3618
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 TENA 087 359 1079
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 Pharmaline 086 160 6060

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 Med Care Products 021 705 5060
 Sheer Mobility 021 552 5563
 Solutions Medical 021 592 3370

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 ConvaTec 064 745 2867

BURNS

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KWAZULU-NATAL

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CAPE TOWN

Shonaquip	021 797 8239
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PRETORIA

EZ-Drive	071 364 0081
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CAREGIVERS AND NURSES

TENA	087 359 1079
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EASTERN CAPE

Matola Nursing Services	043 743 0585
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GAUTENG

Berea Nurses Institute	011 455 1091
Careways Pty Ltd	011 847 4000
JD Selections	011 421 7391
Life Healthcare	011 219 9000
Nursing Services of SA	086 065 4221
Unique Nursing Services	011 675 0600

KWAZULU-NATAL

Nurses on Call	031 202 7191
Thandanani Children's Foundation	033 345 1857

PRETORIA

Nursetec	012 347 3794
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WESTERN CAPE

Fish Hoek Home Nursing Services	021 347 3794
Multiple Sclerosis South Africa	021 948 4160

CATHETERS**GAUTENG**

Sheer Healthcare	021 552 5563
Coloplast	0861 265 675
ConvaTec	064 745 2867
CR Bard Medical	011 524 9900
GMS	011 608 8477
Techno-Med	011 824 2355
Thebe Medical	011 699 2700

PORT ELIZABETH

Lydia Holmes	041 366 1759
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PRETORIA

Urendo Health Technologies	012 997 2155
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DURBAN

Mobility Solutions	031 564 2303
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CHILD DEVELOPMENT ASSESSMENT**GAUTENG**

JHB Parent/Child Counselling	011 484 1734
The H Moross Children's Clinic	011 783 2010

KWAZULU-NATAL

Child and Family Centre	033 260 5166
Child's Assessment & Therapy	031 208 5117

PRETORIA

Baby Therapy Centre	012 348 2086
University of PTA Child Guidance	012 420 3147

COMMODOES**NATIONAL**

Chairman Industries	011 624 1222
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References: 1. Hudson E. & Murahata R.I. The 'no-touch' method of intermittent urinary catheter insertion: can it reduce the risk of bacteria entering the bladder? Spinal Cord 2005;43(10):611-614. No-touch catheterisation and infection rates in a select spinal cord injured population. Rehabilitation Nursing 1993;18(5):296-299, 305.

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GAUTENG

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Mobility Aids 011 849 2810

Rand Medical Supplies 011 789 2203

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KWAZULU-NATAL

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Presta 012 751 1701

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Independency 021 853 7888

N1 City 021 595 4305

Sheer Mobility 021 552 5563

Shonaquip 021 797 8239

Solutions Medical 021 761 2556

Winfar Pharmacy 021 797 0034

COUNSELLING

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Life Line 086 133 2322

SA Depression &
Anxiety Group 080 056 7567**FREE STATE**

Befrienders 051 444 5000

GAUTENG

Compassionate Friends 011 440 6322

Psychological Society
of SA 011 486 3322SA Federation for
Mental Health 011 883 4552**KWAZULU-NATAL**Careline Crisis and
Trauma Centre 031 765 1587**WESTERN CAPE**Inst. for the Healing of
Memories 021 683 6231Multiple Sclerosis
South Africa 021 948 4160**CRUTCHES****NATIONAL**

CE Mobility 011 448 2580

Chairman Industries 011 624 1222

Medop cc 011 827 5893

GAUTENG

Otto Bock 011 564 9360

Medicare Hospital Equip 011 448 2580

Roger Wolfson 011 640 7198

PRETORIA

N1 City 012 595 4505

Presta 012 751 1701

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Solutions Medical 021 592 3370

DAYCARE CENTRES

TENA 087 359 1079

FREE STATE

Frangipani Care Centre 015 781 7020

Free State Care In Action 051 444 6143

Kroon Day Care Centre 056 215 1500

GAUTENG

Don Mattera School 011 945 2577

Isipho Sethu 011 906 1110

Westrand Ass. for People
with Disabilities 011 693 6841

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KWAZULU-NATAL

Children with a Challenge 031 700 3732

Phoenix Day Care Centre 031 502 6471

Whizz Kidz Special Needs

Centre 031 701 1490

PRETORIA

Alpha & Omega Special
Care 012 332 2258

WESTERN CAPE

Cape Town Society for
the Blind 021 448 4302
Zandvliet Care Facility 021 857 1092

DEPARTMENT OF SOCIAL DEVELOPMENT

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KWAZULU-NATAL

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NATIONAL

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Automatic & Disabled
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Driving Dynamics 011 431 2000
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 Easy Drive 021 855 2640
 SAIDA WC 072 616 8221

Leda Group South Africa
 021 557 6774 (ext 1005)

EASTERN CAPE

Marks Auto Group 041 451 2000

FREE STATE

Louis Roux 057 392 3801

KWAZULU-NATAL

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 Siphon Mdletshe 072 702 0852

DRIVING SCHOOLS

GAUTENG

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 Disability Driving Academy 082 538 5229
 Godfrey's Advanced Driver's Academy 011 985 0479
 Learner's Driving Instruction 011 783 3413
 Protea Driving School 012 328 5222
 Professional Driving Academy 082 683 9292
 TMI / iDES 011 792 5353

EASTERN CAPE

Coega Driving Programme 041 404 7300

KWAZULU-NATAL

Dees Driving School 031 440 6585
 Easy Way Driving School 035 772 2829

QASA Driving Ambitions 086 076 5546

NORTHERN PROVINCE

HTM 015 291 5557

WESTERN CAPE

Anton & Tanya Driving School 021 976 9877
 Cravenby Driving School 021 932 2938
 Durbanville Driving School 021 976 7900
 He and She Driving School 021 931 8214
 Mbumba Driving School 083 344 1057
 QuadPara Association of South Africa 021 975 6078

ERECTILE DYSFUNCTION

GAUTENG

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 Vacuhealth 012 997 6060

EXERCISE EQUIPMENT

GAUTENG

Theremed 011 804 6746
 Easy Rider 011 826 5695
 Solutions Medical 011 761 2556

DURBAN

Mobility Solutions 031 564 2303
 CE Mobility 086 023 6624

FOOT ULCERS

NATIONAL

PrimaCare 0861 177 462

GAUTENG

Wound Wise 031 242 8111

HAND AND FOOT CONTROLS

NATIONAL

Chairman Industries 011 642 1222
 Avis 086 102 1111

PRETORIA

EZ-Drive 071 364 0081

HAND CYCLES

GAUTENG

Enabled Sport	082 562 4141/ 082 851 6483
CE Mobility	086 023 6624
Medop cc	011 827 5893
Mr Wheelchair	031 701 4620

HIGHER LEARNING INSTITUTIONS [DISABILITY SERVICES]

EASTERN CAPE

Nelson Mandela Metropolitan University	041 504 2593
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GAUTENG

University of Witwatersrand	011 717 9152
University of Johannesburg	011 559 2911

KWAZULU-NATAL

University of KwaZulu-Natal	031 268 4444
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PRETORIA

Tshwane University of Technology	086 167 0411
University of Pretoria	012 420 2581

WESTERN CAPE

University of Cape Town	021 650 2427
University of Stellenbosch	021 808 4515
University of the Western Cape	021 959 3590

HIRING SERVICES

NATIONAL

PrimaCare	0861 177 4622
Medop cc	011 827 5893

GAUTENG

Impact Medical	011 469 1750
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WESTERN CAPE

N1 City	021 595 4305
VS Hydraulics	082 441 0889

HOIST & PATIENT HANDLING

NATIONAL

PrimaCare	086 1177 462
CE Mobility	086 023 6624
Chairman Industries	011 624 1222
Medop cc	011 827 5893

GAUTENG

Sitwell Technologies	011 440 8226
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KWAZULU-NATAL

Barry Edy	031 776 4992
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PRETORIA

EZ-Drive	071 364 0081
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WESTERN CAPE

Leda Medical	021 557 6774
Sheer Mobility	021 552 5563
Solutions Medical	021 592 3370



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Uni-Cape Equipment 021 951 6262
Multiple Sclerosis
South Africa 021 948 4160

HOME AUTOMOTIVE

Hydro Door 086 122 3444
WESTERN CAPE
Solutions Medical 021 592 3370

HOME CARE

Disability Info
and Awareness 082 894 3284
TENA 087 359 1079

FREE STATE

NIDO 057 352 8021
Impact Medical 011 469 1750
Medihosp 011 791 3618

PRETORIA

Medical Home &
Nursing Supplies 012 664 7046
WESTERN CAPE
APD CT 021 637 1204
Solutions Medical 021 592 3370
Multiple Sclerosis
South Africa 021 948 4160
Sheer Mobility 021 552 5563

HOME DIAGNOSTICS

NATIONAL

Chairman Industries 011 624 1222
Grabrails Railman 011 624 1222

GAUTENG

Geberit 011 444 5070

DURBAN

Mobility Solutions 031 564 2303

HOME LIFTS

GAUTENG

Hands on Lifts 011 918 7060/1
Sitwell Technologies 011 440 8226
Medop cc 011 827 5893

HOSPITALS

EASTERN CAPE

Bedford Orthopedic
Hospital 047 531 0155

FREE STATE

Itemoheng District
Hospital 058 481 2114

GAUTENG

Garden City Clinic 011 495 5000
Johannesburg General
Hospital 011 488 4911
Sandton Mediclinic
Hospital 011 709 2000

KWAZULU-NATAL

Hlabisa Hospital 035 838 1117
Murchison Hospital 039 687 7311
Ngwelezane Hospital 035 901 7114



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Witbank Hospital 012 653 2179

PRETORIADr George Mukhari
Hospital 012 529 3326**WESTERN CAPE**

Groote Schuur Spinal Unit 021 404 3143

IMPOTENCE**GAUTENG**

Bayer Helpline 011 921 5042

Lilly 011 510 9300

Pfizer 011 320 6000

PRETORIA

Vacuhealth 012 997 6060

INCONTINENCE PRODUCTS

Coloplast 086 126 5675

Dis-chem 080 020 1170

TENA 087 359 1079

The Continence Ass of SA 072 210 8769

EASTERN CAPE

Conticare 041 365 2466

A.H Distributors 041 933 1758

Disposies 041 581 3226

FREE STATE

Kwik P 051 448 6190

GAUTENG

CR Bard Medical 011 524 9900

Clinical Emergencies 011 443 9093

Springbok Pharmacy 011 861 6660

SS Enterprises 011 849 2321

Validas 011 608 3955

Coloplast 0861 265 675

Hartmann 011 704 7420

KWAZULU-NATAL

CPN McCord Hospital 031 268 5833

Mobility Solutions 031 564 2303

PRETORIA

Hug-a-Bum 012 567 6996

WESTERN CAPE

Lille Healthcare 021 951 4072

Rainbow Nappies 021 591 1104

Shonaquip 021 797 8239

Multiple Sclerosis
South Africa 021 948 4160**KITCHEN SUPPLIERS**

Easylife Kitchens 0861 327 9543

Semble-It 086 154 2436

GAUTENG

Clipsal (Schneider Electric) 011 254 6500

Lovemore Cupboards 082 451 8188

LAXATIVES**GAUTENG**

Dulcolax 011 793 6260

LEG BAGS**GAUTENG**

CR Bard Medical 011 524 9900

Coloplast 0861 265 675

ConvaTec 064 745 2867

GMS Medical 011 608 4877

PRETORIA

Smartmed 012 998 4000

WESTERN CAPE

Winfar Surgical 021 797 0034

DURBAN

Mobility Solutions 031 564 2303

LEISURE**GAUTENG**

Evac Chair 011 865 4249

SANParks 012 428 9111

LIFTS & ACCESSORIES**NATIONAL**

Avis 086 102 1111

KWAZULU-NATAL

Barry Edy 031 776 4992

PRETORIA

Logic Elevators 012 653 2451
EZ-Drive 071 364 0081

EASTERN CAPE

East Coast Elevators 041 365 7513

GAUTENG

Combined Lifts 011 435 5252
Hands on Lifts 011 826 7124
GEZE SA 011 315 8286
Dhollandia Lifts 011 392 7114
Kone Elevators 011 677 0700
Otis 011 878 6000
Sitwell Technologies 011 440 8226
Tailifts 010 045 0620
Thyszen Lifts 011 440 0810
United Elevators 011 403 2841

MEDICAL AID CLAIMS REVIEW

Medwyze 010 596 3750

MEDICAL EQUIPMENT

PrimaCare 086 1177 462
Mobility Solutions 031 654 2303

MEDICATION

Pfizer 086 734 937

MOBILE WHEELCHAIR TOILETS

GAUTENG

Chilling Affairs 011 835 2368
Sanitech 011 683 9313
Sinkose Patrick 012 355 6061
CE Mobility 086 023 6624
Medop cc 011 827 5893

MOTIVATIONAL SPEAKERS WITH DISABILITIES

GAUTENG

Doug Anderson 083 285 8376
Emile Olifante emilie.olifante@gmail.com
Get Motivated 083 648 7770

Kgothatso Montjane 072 475 5947
Lebohlang Monyatsi leelle52@gmail.com

KWAZULU-NATAL

Guest Speakers 031 206 0091
Musa Zulu 033 346 0429

MPUMALANGA

Tracy Todd 013 741 2219

WESTERN CAPE

Don Wessels 021 850 0654
Turbo Talk Training 021 558 1342

NORTH WEST

Luka Sparkes 018 381 1723

OCCUPATIONAL THERAPISTS

GAUTENG

CE Mobility 086 023 6624
Otto Bock 011 564 9360
Sharon Joyce 082 336 4626
Medop cc 011 827 5893
Rita Henn & Partners 011 489 1452/1226

KWAZULU-NATAL

Broughton & Jonk 031 708 1785

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Francoise Harrison 082 887 7730
Ingrid G. Bench 082 466 5988
Kathryn Tarlton 084 583 0001
Michelle Jacobs 082 406 5141
Paula Barnard 082 454 8659
Stefanie Potgieter 082 820 1837

AUTISM

GAUTENG

Francoise Harrison 011 708 1650
Nadia Cusack 082 744 8046
Paula Barnard 082 454 8659
Stefanie Potgieter 082 820 1837
Kathryn Tarlton 084 583 0001

CEREBRAL PALSY

GAUTENG

Elsie Labuschagne 083 256 7312

CRANIOSACRAL

GAUTENG

Kathy McKinnel 082 454 0198

DEVELOPMENTAL DELAYS

GAUTENG

Annemarie Brand 082 465 5454

Elana Kirshenbaum 082 497 0163

Francoise Harrison 011 708 1650

Ingrid G. Bench 082 466 5988

Jacqui Jorge 072 391 7781

Kathryn Tarlton 084 583 0001

Kathy McKinnel 082 454 0198

Rosa-Marie Olivier 082 372 8163

Suraiya Latha Cakirerk 082 852 8609

KWAZULU-NATAL

Kirsten Van Niekerk 082 379 3558

WESTERN CAPE

Maretha Labuschagne 082 552 6569

EARLY INTERVENTION

GAUTENG

Rosa-Marie Olivier 082 372 8163

LEARNING DIFFICULTIES

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Olivia Luke 071 370 8799

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Elsie Labuschagne 083 256 7312

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Ingrid G. Bench 082 466 5988

Jacqui Jorge 072 391 7781

Kathryn Tarlton 084 583 0001

Lara Gunter 082 789 3146

Lisa Halland 083 288 5519

Melinda van Zyl 083 307 9003

Michelle Jacobs 082 406 5141

Nicole Mandelberg 082 325 1071

Suraiya Latha Cakirerk 082 852 8609

Toni Williams 082 463 5588

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Suraiya Latha Cakirerk 082 852 8609

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Orthopaedics Inc	041 365 0425
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Orthopaedic Services	043 722 7803
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& Associates Inc	011 803 0583
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Services	016 423 7633
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Damien Askew Medical	031 563 2090
Darryl Grobelaar O&P	031 202 1122
JDE O&P Inc	031 904 1233
Jeremy Kriek & Son Inc	031 202 9571
Kuban Chundriah	033 345 4813
Lourens De Villiers	035 789 6872
Noel Nagiah	031 566 5450
Paul Hoepfl O&P	031 765 7379
Ricard Cerone Medical	036 637 8443
Sean Adams CPO	032 946 1311
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T.A.P Kruger Inc	031 202 0190
Ugan Chetty O&P	031 202 3651

Van der Merwe & Uken Inc 031 266 0801
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LESOTHO

CTM Orthopaedics
Lesotho PTY (Ltd) 00266 223 22501

LIMPOPO

A.H.T. Ferreira 015 291 5470
F.J Loock 015 295 9223
Ian Lategan O&P 015 297 7285
J.J. Britz O&P 015 307 2704
N.P. Madihlaba O&P 015 295 9261
Setwaba Orthopaedic
Services 015 297 1918

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Bradley Kidd Orthopaedic 013 745 7163
Brandon Ortopediese
Dienste 013 243 1915
Brigid Brandon
Orthopaedic 013 650 5109
Globler & Associates 013 243 2229
J.C. Van Der Linde 013 665 1864
Marx & Malan Inc 013 656 9212
P.M. Botha O&P 017 634 7086
Peter Prowling
Orthopaedic Services 013 753 2432
Stander Ortopediese
Dienste 017 638 1276
Taljaard Orthopaedics 076 190 2791

NAMIBIA

Namibia Private
Orthopaedic Centre 00264 65 230008

NORTH WEST

Faber en du Plessis
Incorporated 018 468 8871
Meintjes & Neethling
Orthopaedic Inc 014 594 0305
Schuch Orthopaedics
Incorporated 014 594 0701

NORTHERN CAPE

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Services 053 861 3297

Gildenhuis Orthopaedic
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Ronel Grobler Orthopaedic
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B.J. Prinsloo Orthopaedics
(Pty) Ltd 012 346 5917
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Brauckmann Inc 012 664 1870
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Orthotists 012 331 7869
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Orthotists Inc 012 998 3932
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Orthopaedic Inc 012 807 2773
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Pretorius, de Muelenaere
& Associates 086 111 1907
Tanya le Roux & Associates 012 347 0321
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A Schutze 012 382 5190
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Franette Botha	044 072 0018
Gareth Lewis O&P Services	021 856 0681
Hannes Steyn Orthopaedic	022 482 1457
J. de Villiers Orthopaedic	021 900 6490
J.M de Barros O&P	021 988 9979
Jan Brand O&P Inc	021 592 3110
Jayson Chin & Ass.	021 531 7232
Johan Burger O&P	044 691 3206
Keith Stoffberg Orthopaedic	021 935 1456
Malcolm Freedman & Associates Inc	021 422 4599
Marinus Knight O&P	021 852 3967
Micheal Nel	021 595 1580
Niekie le Riche	021 930 3253/4
P.A. van Zyl O&P Inc	021 872 6980
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Sarel Du Plessis O&P	021 887 5692
Van der Meer & Schmidt	021 556 7307
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PRETORIA

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GAUTENG

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NATIONAL

Avis	086 102 1111
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GAUTENG

NCPDSA	011 726 8040
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KWAZULU-NATAL

QuadPara Association of	
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South Africa	031 767 0348
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PERSONAL INJURY ATTORNEYS

EASTERN CAPE

Mc Williams & Elliot Attorneys	041 582 1250
Millers Attorneys (George)	044 874 1140

GAUTENG

Jerry Nkeli & Associates	011 838 7280
Kruger & Kelly	011 447 4006
MacDonald Attorneys	011 704 6560
Monique Woods Attorneys	011 380 3780
Monroe, Flowers & Vermaak	011 327 5418
Nqoko Ncwana Gwe Inc	011 838 4227
Oosthuizen Du Toit & Berg Potgieter & Fourie Attorneys	011 883 9041 011 432 3968
Riekie Erasmus Attorneys	011 472 0171
Robin Twaddle Attorneys	011 805 7433
Routledge Modise	011 286 6900
Selepe Keet Inc	011 703 2300
Smit & Grove	011 486 4456
Thomson Wilks	011 784 8984
Venter & Volschenk Inc	016 423 7272
Willie Jordaan Attorneys	018 297 0111

MPUMALANGA

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Harvey Nortjie Inc	013 656 2161

PRETORIA

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Jay Inc	012 362 6507
MKM Attorneys	012 362 1958
Myburgh Inc	012 329 5928
Rabie & Van der Nest Attorneys	012 348 2189
Solomon Nocholson	012 343 2271

WESTERN CAPE

Conradie Davids Attorneys	023 347 0996
Du Plessis & Hofmeyer Inc	021 851 4124

Esln Meyer Attorneys	021 845 8717
Fourie Attorneys	021 939 3395
Honey Attorneys (CT)	021 941 7777
Jan Kriel Attorneys	021 785 7141
Luitingh & Associates	021 686 3452
Madeleyn Inc	021 975 2587
Millers Attorneys (CT)	021 462 3815
Pincus Mtz & Marquard	021 797 8191
Potgieter & Fourie Attorneys (CT)	021 982 8530
Venter & Joubert Attorneys	021 950 1600

PHYSIO AND OT PRODUCTS

GAUTENG	
Medical Distributors	011 314 3000
Medicare	011 448 2580
Sanbonani	011 314 6617
Thera-med	011 804 6746
WESTERN CAPE	
Fisionova	021 946 4560

PHYSIOTHERAPISTS

GAUTENG	
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Debbie Pauw	011 433 1046
Eva F. Robertson	011 731 1000
Fiona Morley	011 440 8888
Heather Lancaster	084 716 3016
Karen Coertze	011 979 1040
Karen Ramsden	011 682 1175
Karin Louw	012 361 1375
Lauren Whitaker	082 878 3563
Mindy Silva	083 308 5348
Natalie Finlayson	012 998 8636
Philippa Jackson	011 444 8888
Samantha Mutch	084 716 3016
The SA Society of Physiotherapy	011 485 1467
KWAZULU-NATAL	
Clinton Grobbelaar	031 303 3874

Debbie Cameron	031 765 8898
Eddie Bodha	082 533 0207
Kay Morley	031 202 3381

NORTHWEST

Michelle Yazbek (North West)	018 468 3430
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WESTERN CAPE

Prof. C. Eales	082 776 8097
Wessel Bezuidenhout	021 975 3972

PLACES OF INTEREST

GAUTENG

Shumbashaba Therapeutic Riding	083 373 6853
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KWAZULU-NATAL

Iphithi Nature Reserve	031 767 1076
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PRETORIA

South African National Parks	012 428 9111
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WESTERN CAPE

Tygerberg Nature Reserve 021 789 1114

POISON INFORMATION CENTRES

Netcare Poison Centre 0800 333 444

FREE STATE

Drug & Poison Information
Centre (UFS) 082 491 0160

WESTERN CAPE

Medicine Info Centre 021 406 6829

Red Cross Children's
Hospital 021 698 5227

Tygerberg Poison Info
Centre 021 931 6129

POOL ACCESS LIFTS

GAUTENG

Short Lifts 011 848 2330

EZ-Drive 071 364 0081

Medop cc 011 827 5893

WESTERN CAPE

Solutions Medical 021 592 3370

PRESSURE CARE

NATIONAL

CE Mobility 086 023 6624

Chairman Industries 011 624 1222

PrimaCare 086 1177 462

Medop cc 011 827 5893

GAUTENG

Tempur-Med 086 160 6060

Wound Wise 086 160 6060

Pharmaline 086 160 6060

Clinical Emergencies 011 443 9093

Impact Medical 011 469 1750

Medicare 011 448 2580

MediHosp 011 888 5450

Rand Medical Supplies 011 789 2203

Sanbonani 011 314 6617

WESTERN CAPE

Independency 021 853 7888

Med Care Products 021 705 5060

Sheer Mobility 021 552 5563

Solutions Medical 021 592 3370

PRESSURE MAPPING

CE Mobility 086 023 6624

Rita Henn & Partners 011 489 1452/1226

PROSTHETICS

PRETORIA

Icexpress Progressive

Prosthetics 012 844 0406

GAUTENG

Orthomed 011 618 4070

Otto Bock 011 564 9360

EASTERN CAPE

SAOPA 041 581 7390

PROSTHETIC LINERS

Otto Bock 011 564 9360

PROTECTIVE UNDERWEAR

TENA 087 359 1079

PUBLIC TRANSPORT

FREE STATE

Ass for Persons with
Disabilities 051 444 2883

GAUTENG

Broken Wings 011 867 5553

Department of Transport
and Road Works 011 355 7354

Gautrain 0800 4288 7246

Metrobus 011 832 3135

PUTCO 011 602 0342

Rea Vaya 011 375 5555

SACAB 086 117 2222

Masivundle Transport

Services 073 349 6502

WESTERN CAPE

Dial-A-Ride 0800 600 895

MyCiTi 0800 65 64 63
KWAZULU-NATAL
 Dial-A-Ride 031 701 1326

RAMPS

NATIONAL

CE Mobility 086 023 6624
 Chairman Industries 011 624 1222
 PrimaCare 086 1177 462
 Medop cc 011 827 5893

GAUTENG

SWC Lifts 011 397 8783

WESTERN CAPE

Cousins Engineering 021 531 6857
 Easy Drive 021 855 2640
 Sheer Mobility 021 552 5563
 Kinetix Manufacturing 023 344 3183
 Solutions Medical 021 592 3370

KWAZULU-NATAL

Polaris (Quad Bikes) 011 907 3200

PRETORIA

EZ-Drive 071 364 0081
 Frontier Park 012 428 9111
 Kruger National Park 012 428 9111
 Garden Route Park 012 428 9111
 South African National
 Parks 012 428 9111

RECRUITMENT

EASTERN CAPE

Association for Physically
 Disabled 041 484 5426
 Extrinsic 041 396 3600
 Quadriplegic Association
 Eastern Cape 041 364 2271

FREE STATE

Association for APD 051 430 2883

KWAZULU-NATAL

QASA 031 767 0348

GAUTENG

Brite Byte (Pty) Ltd 011 440 0580

CapAbility Careers 083 543 3257
 PAG 011 269 8800
 Progression 011 606 3035
 Teleresources 011 789 3320

PRETORIA

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 Parks 012 428 9111
 Abacus Recruitment 012 345 9200
 Nitro Business Consulting 012 342 2300
 SA National Council for
 the Blind 012 452 3811

WESTERN CAPE

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 Ass for Physically Disabled 021 555 2881
 Deaf Federation of
 South Africa 021 693 4664
 Disability Solutions 021 683 3667
 Epilepsy South Africa 021 447 3014

REHABILITATION

GAUTENG

Otto Bock 011 564 9360
 Garden City Clinic -
 Paediatric 011 489 1210
 Life New Kensington Clinic 011 614 7125
 Life Riverfield Lodge 086 074 8373
 Netcare Rehab -
 Aucklandpark 011 489 1111
 Rehab Matters 011 803 6649
 Rita Henn & Partners 011 489 1452/1226

EASTERN CAPE

Aurora Hospital 041 368 7285

KWAZULU-NATAL

Life Entabeni Hospital 031 204 1300
 Mobility Solutions 031 564 2303

PRETORIA

1 Military Hospital 012 314 0999
 Life Eugene Marais

Hospital	012 334 2777
Life Rehabilitation	012 219 9620
Muelmed Medi-Clinic	012 341 1909

WESTERN CAPE

UCT Private Academic Hospital	021 442 1800
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SAFETY

GAUTENG

Evac Chair	011 865 4249
EZ-Drive	071 364 0081

SCOOTERS

NATIONAL

CE Mobility	086 023 6624
Chairman Industries	011 624 1222
PrimaCare	086 1177 462
Medop cc	011 827 5893

GAUTENG

Afrimobility	011 728 6059
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KWAZULU-NATAL

Barry Edy	031 776 4992
Mobility Solutions	031 564 2303

PRETORIA

Presta	012 751 1701
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WESTERN CAPE

Solutions Medical	021 592 3370
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SEATING CLINICS

NATIONAL

Chairman Industries	011 624 1222
Medop cc	011 827 5893

GAUTENG

Otto Bock	011 564 9360
Sitwell Technologies	011 440 8226
Netcare Rehab Hospital	011 489 1226

WESTERN CAPE

Western Cape Rehab Hospital	021 370 2400
Shonaquip	021 797 8239

SEATING & STANDING AIDS

NATIONAL

Chairman Industries	011 624 1222
PrimaCare	086 1177 462
Medop cc	011 827 5893

GAUTENG

EZ-Drive	071 364 0081
Otto Bock	011 564 9360
Sitwell Technologies	011 440 8226

KWAZULU-NATAL

Mobility Solutions	031 564 2303
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SEVERELY COGNITIVELY IMPAIRED FACILITIES

WESTERN CAPE

Alta Du Toit Skool	021 903 4178
Beacon School	021 371 4324
Bel Porto School	021 696 4134
Molenbeek School	021 511 4507
Nompumelelo School	021 637 8062
Blouvtlei School	021 712 0857
Chere Botha School	021 919 6961
Dawn School	021 572 4359
Dorothea School	021 889 5463
Eden School	023 342 3770
Eljada School	044 279 1780
Filla School	021 592 1361
Glendale School	021 712 2075
Lentegeur School	021 371 4111
Ligstraal School	021 862 7182
Mary Harding School	021 637 8068
Oasis School	021 952 2100
Ocean View School	021 783 2381

GAUTENG

Actonville Training Centre	011 423 2411
Adelaide Tambo School	011 984 4000
Almaskool	012 335 2658
Casa Do Sol School	011 782 0231
Con Amoreskool / School	011 976 1037
Coronationville Training Centre	011 673 5220

Doug Whitehead School/Skool	011 618 2300
Eersterust Opleidingsentrum	012 806 8552
Felicitasskool / School	011 813 4142
H. Moross Adolescent School	011 783 2010
Harvey Cohen Day Care Centre	011 945 1409
Isipho Sethu School	083 754 3134
Ithembalihle School	011 828 8524
Itireleng	011 410 6335
Itumeleng	011 412 3160
Jiswa Training Centre	011 854 5832
Matshediso	011 738 1388
Medicos	012 793 1252
New Nation School	011 837 5327
Nokuthula School	011 786 9806
Nuwe Wendigskool	012 800 1172
Phelang	011 736 8906
Pumelela Training Centre	011 984 4472
Pumla School	011 936 5249
Sunrise School	012 374 3942
Eurekaskool	016 421 1064
Takalani	011 938 1587
Thabo-Vuyo	016 988 4211
The Gateway School	012 958 2080
The Hamlet School	011 683 2362
Thembinkosi for Severe Mental Disability	011 926 2724
Tshogofatsong Special School	012 801 5084
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Vita Nova - Mentally Disabled	012 800 1171
Wiggles and Siggles Playschool	011 791 7339
Zimeleni School	011 909 1627
KWAZULU-NATAL	
Ningizimu Special School	031 469 0767
Nolitha Special School &	

Aftercare	039 254 8971
School of Industries	034 317 3000

SEXUALITY

Pfizer	086 073 4937
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PRETORIA

Vacurect	012 997 6060
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SKILLS CENTRES

WESTERN CAPE

Van Kervel Special School	044 874 2042
West Coast School	022 714 1244
Atlantis School of Skills	021 572 5022

GAUTENG

Nkanyezi Stimulation Centre	079 185 8231
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KWAZULU-NATAL

Newton High School	033 342 0011
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SPECIAL NEEDS SCHOOLS

WESTERN CAPE

De Heide Children's Care Centre	021 683 5470
Cape Recife School	041 583 2147
De Grendel Special Needs School	021 552 3010
Khanyisa School	021 761 1709
Khayelitsha	021 381 8100
Steintal Secondary	023 230 0362
Tenterden School	021 797 5611
Vukuzenzele	039 251 3605
Atlantis School of Skills	021 572 5022
Batavia Special Needs School	021 671 5110
Die Bult Youth Centre	044 801 7600
Dominican-Grimley School	021 790 1052
Eureka Youth Centre	023 349 1807
Faure Jeugsorg En Onderwys	021 904 5306
Mispah School	028 482 1810
Florida Skills School	021 535 0756

Groote Schuur Hospital School	021 404 5012
Klein Karoo Skills School	044 272 6054
Olympia Skills School	044 878 0357
Ottery Youth Education Centre	021 703 3030
Paarl Skills School of Skills	021 863 2043

FREE STATE

Martie du Plessis High School	051 522 6801
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GAUTENG

Charles Hurwitz Santa School	011 938 8070
Footprints School	011 791 5412
Ikhwezilokusa Centre	016 590 1350
Kamagugu Inclusive School	013 748 0016
Little Feats	011 327 1980
Magalies Special School	012 330 0168
Meerhof School	012 259 1241
School of Achievement	011 916 1917
Sizanani Special School	013 932 4129
Albertina Sisulu Special School	011 939 2454

KWAZULU-NATAL

Ekukhanyeni Special School	033 398 1325
Ekuthuthukeni Special School	031 907 5786
Entokozweni Special School	033 324 9046
Ethel Mthiyane Special School	032 454 2338
Golden Hours Special School	031 564 2350
Harding Special School	039 433 1143
Inanda Special School	031 577 1422
Inkanyezi Special School	036 637 3893
Masisizane Special School	035 833 9233
Reunion	031 469 1094

S Dass	031 507 6264
Damorosan	
Pre-Vocational	031 404 2880
St Christopher's	033 345 4686
YWCA Special School	034 329 1842
Zamimpilo Special School	035 832 0082
LIMPOPO	
Helene Franz School	082 374 4125

SPORTS CLUBS / ORGANISATIONS

Enabled Sport	082 562 4141
Harmony Rangers	
WBasketball	082 931 5665

GAUTENG

Disabled Golf	
South Africa	084 432 6384
Discovery Eagles	
WBasketball	011 616 7576
Mandeville Sport Club	011 616 7576
Wheelchair Tennis	
South Africa	011 512 0015
SA Sports Association for the Physically Disabled	011 873 9191
Wheelchair Basketball SA	011 616 7576

KWAZULU-NATAL

VISA Wings Wbasketball Club	031 564 7831
Altech Namitech	
Bladerunners	082 474 9058

NORTH WEST

Anglo Gold Ashanti Lions	018 478 5414
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PRETORIA

Turke Pumas Wbasketball Club	012 345 6060
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WESTERN CAPE

Transwerk Saints	
WBasketball	021 808 8307
Athlone School for the Blind	021 951 2234

STAIR LIFTS

GAUTENG

Sitwell Technologies	011 440 8226
Medop cc	011 827 5893

STANDING FRAMES

NATIONAL

Chairman Industries	011 624 1222
Medop cc	011 827 5893

GAUTENG

Otto Bock	011 564 9360
Sitwell Technologies	011 440 8226

WESTERN CAPE

Solutions Medical	021 592 3370
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STIMULATION CENTRES

GAUTENG

Children's Therapy	011 803 1321
Mthimkhulu Stimulation Centre	011 936 2388
Nkanyezi Stimulation Centre	011 936 1052

PRETORIA

Baby Therapy Centre	012 348 2060
Babynastics	012 664 4064

WESTERN CAPE

Music Therapy Clinic	021 671 5119
South African Riding for Disabled	021 794 4393

STOMATHERAPY

EASTERN CAPE

Rushda Hendricks P.D	083 774 9398
Jane Bentley	083 320 5277

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Ina Van Aswegen	082 709 1056
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GAUTENG

Jane Hoole	083 625 7343
Coloplast	0861 265 675
Marylyn McManus	083 226 8355

Stoma Clinic – Saxonwold 011 646 5628

KWAZULU-NATAL

Heather Ngcobo P.D	082 420 2284
Jenny James	083 602 6614
Jocelyn Taylor	083 647 0425
Pam Welch	083 287 8142
Pam Zungu	083 983 5824
Stoma Clinic	031 205 9525

LIMPOPO

Hendrica Mahango P.D	083 744 1492
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PRETORIA

Liezel Thuynsma	082 782 8221
Naomi Neethling	083 647 0423
Stoma Clinic	012 329 3036

WESTERN CAPE

Cansa	021 689 5347
Deidre Waugh	083 600 9521
Norma du Preez	082 922 7645

SUPPORT GROUPS

Adoption South Africa	082 898 3555
Al-Anon (for family of alcoholics)	086 125 2666
Alcohol Anonymous	
Helpline	086 143 5722
Bipolar Support Group	082 263 9055
Bosom Buddies Breast Cancer	086 028 3343
Childline Crisis Line	0800 055 555
Co-dependents	
Anonymous	088 130 0251
Compass. Fr (for bereavement)	011 440 6322
Disability Information Line	086 055 7766
Fertility Helpline	072 104 8325
Fibromyalgia Support	011 485 5848
Life Line	086 132 2322
Lymphoma Patient Groups	082 887 8218
Reach for Recovery	
Breast Cancer	083 897 0221
Stroke Support Group	084 270 4507

Suicide Emergencies and Depression 0800 567 567
 Irene Homes - Mental Disabilities 012 667 1035

FREE STATE

Disability Info Line - Helpline 051 444 2883
 The Befrienders 051 444 5000

GAUTENG

Al-Anon Helpline - Gauteng 011 683 8002
 Alcohol Anonymous Helpline 011 683 9101

Attention Deficit & Hyperactive Support Group 011 888 7655

FAMSA (Relationship Counselling) 011 975 7106

Narcotics Anonymous 011 485 5248

Nishara Alcohol & Drug Centre 011 854 5988

Overeaters Anonymous 011 640 2901

SANCA 011 917 7473

Smokenders 011 784 7838

SA Depression & Anxiety Group 011 783 1474

Uriel 011 791 4430

EASTERN CAPE

Amputee Support Group 041 581 6883

KWAZULU-NATAL

Al-Anon (for family of alcoholics) 031 304 1826

Lymphoma Patient Groups 082 828 0283

Parents of Autistic Children 031 701 0355

Vitiligo Cancer Support Group 031 242 4129

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Al-Anon (for family of alcoholics) 021 595 4517

Alcohol Anonymous Helpline 021 510 2288

Cape Town Drug Counselling 021 447 8026

Cystic Fibrosis Association 021 557 0323

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Melville Koppies 011 482 4797

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Boulders 021 786 2329

De Hoop Nature Reserve 028 542 1126

Fernkloof Nature Reserve 028 313 1992

Kagga Kamma Nature Reserve 021 872 4343

Karoo Desert Nat. Bot. Garden 023 347 0785

Limietberg Nature Reserve 021 552 3689

Marloth Nature Reserve 028 514 1410

Two Oceans Aquarium 021 418 3823

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CE Mobility 086 023 6624

Chairman Industries 011 624 1222

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GAUTENG

EZ-Drive 071 364 0081

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Accessible Horizons 032 342 3066

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Centre for Universal Access Disability Support 051 401 3713

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Published by Charmont Media Global, 17 Northcliff Office Park, 203 Beyers Naude Drive, Northcliff, 2195
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Soshanguve Workshop 011 332 3927
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